

COURSE DESCRIPTION

This course has been designed for health care providers involved in both outpatient and inpatient care. The course offers concise, effective and efficient material to help you provide quality patient care. The course design is case presentations, lectures and question and answer sessions.

OBJECTIVES

At the completion of this activity, the participant should be able to:

1. evaluate various scenarios that lead to the label of the "difficult patient"
2. outline strategies that are helpful in managing the difficult patient encounter
3. discuss the risk factors for HIV in the veteran population
4. list potential co-morbid conditions with HIV infection in veterans
5. review some of the popular diets your patients are trying, are they safe and do they work
6. discuss Biomarkers - 10 keys to prolonging vitality
7. define stridor and review common causes of upper airway obstruction in children
8. discuss how different geographic regions of the frontal lobes contribute to normal human behavior
9. summarize the recommendations on the use of the major classes of psychiatric medications in pregnancy
10. review traditional and non-traditional treatment modalities for the new onset diabetic from the socio-economic perspective
11. recognize the importance of Vitamin D Deficiency
12. discuss referring the appropriate patient and the pre-operative process, as well as, review the bariatric surgical procedures and post-operative management
13. review changes within the AAPA
14. construct a systematic approach to the patient with thyroid nodule (mass) and discuss the differential diagnoses
15. select patients appropriate for varicella vaccine
16. review the clinical and radiologic findings for non-accidental head injury of infancy
17. list possible causes of ear ache and discuss how to evaluate it
18. review common ortho problems of the foot & ankle
19. evaluate and treat low back pain
20. describe renal manifestations of diabetes mellitus, hypertension, and conditions and symptoms commonly seen in the office setting

PROGRAM

WEDNESDAY, DECEMBER 5, 2007

6:30 p.m. Registration and Social Reception

THURSDAY, DECEMBER 6, 2007

7:00 a.m. **Heartsink II: Revisiting the Difficult Patient**
Dr. Woolley

8:00 a.m. **HIV Infection in Veterans: Don't Ask, Don't Tell, Don't Treat**
Dr. Padgett, PA-C

9:00 a.m. **Mythbusters: A Review of Popular Diets**
Dr. Boell

10:00 a.m. **The Forgotten Patient - Yourself: Taking Care of the Caretaker**
Dr. Hoffer

11:00 a.m. **Upper Airway Obstruction in Children: All that Stridor's Isn't Croup**
Dr. Boell

12:00 p.m. **The Neuroanatomical Basis and Clinical Management of Frontal Lobe Syndromes**
2LT Hoffer, Ph.D.

1:00 p.m. **Adjournment**

FRIDAY, DECEMBER 7, 2007

7:00 a.m. **Psychotropic Medication and the Pregnant Patient**
Dr. Hoffer

8:00 a.m. **Telling the Patient: "You Have Diabetes"**
Ms. Hunter-Buskey, MPAS, PA-C

9:00 a.m. **Alphabet Soup for the Clinician: The ABC (and DEK)s of Vitamin Deficiency States**
Dr. Weber

10:00 a.m. **Bariatrics 101**
Dr. Boell

11:00 a.m. **AAPA Update**
Mr. Bennett, MA, PA-C

12:00 p.m. **Thyroid Nodule: Evaluating a Patient with a Thyroid Nodule**
Mr. Valdez, PA-C

1:00 p.m. **Adjournment**

SATURDAY, DECEMBER 8, 2007

7:00 a.m. **New Vaccines**
Dr. Weber

8:00 a.m. **Shaken Baby Syndrome**
Dr. Boell

9:00 a.m. **Otalgia: An approach to the patient with ear ache**
Mr. Valdez, PA-C

10:00 a.m. **Foot & Ankle Review**
Mr. Egan, MPAS, PA-C

11:00 a.m. **Low Back Pain**
Mr. Daniel, PA-C

12:00 p.m. **The Kidney in Diabetes, Hypertension and In Your Office**
Mr. Jones, MA, PA-C

1:00 p.m. **Adjournment**

ACCREDITATION

This activity has been planned and implemented in accordance with the Essentials and Standards of the Accreditation Council for Continuing Medical Education (ACCME) through the joint sponsorship of Geisinger Health System and the AAPA Veterans Caucus. Geisinger Health System is accredited by the Pennsylvania Medical Society to provide continuing medical education for physicians.

DESIGNATION

The Geisinger Health System designates this educational activity for a maximum of 18 *AMA PRA Category 1 Credit(s)*TM. Physicians should only claim credit commensurate with the extent of their participation in the activity.

NURSING CREDIT

18 contact hours

Geisinger Medical Center is an approved provider of continuing nursing education by the Pennsylvania State Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

DISCLOSURE POLICY

All faculty participating in continuing medical education programs sponsored by the Geisinger Health System are expected to disclose to the program audience any real or apparent conflict(s) of interest related to the content of their presentations.

TOPICS IN THE TROPICS REGISTRATION FORM

Registration Fees:	Before November 1	After November 1	On-Site
	\$225	\$275	\$300
	\$275	\$325	\$400

Vet Caucus Member
Nonmember

(Please Print)

Name _____ Social Security No. _____

Home Address _____ City _____

State _____ Zip _____ Day Phone (____) _____ E-mail address _____

MD DO PA-C RN Other _____

Check payable to **Veterans Caucus** enclosed

Please charge my VISA/Mastercard # _____ Exp. Date _____

Return to: Geisinger Medical Center

CME Office

100 North Academy Avenue

Danville, PA 17822-1350

HILTON CANUN INFORMATION

All guest rooms include high-speed wireless internet (extra charge), alarm clocks, complimentary in-room safes, mini-bar, coffeemaker, iron and ironing board, comfortable cotton bathrobes, slippers, and turn down service. The hotel offers 5 restaurants, 3 bars, 1 sports bar, pools, spa, childcare center, beauty salon, shops, fitness center, jogging trail, walking track, bicycle rental, driving range, golf course and a beautiful beach.

ACCOMMODATIONS

This year you will need to fill out your reservation form on-line. Please type in this address and follow the directions: http://www.hilton.com/en/hi/groups/personalized/cun/hrhh_apa/index.jhtml

All types of rooms and costs will be available on-line for you to make your selection. Please verify before you hit the submit button. A block of rooms is being held until **November 1, 2007**. After that date, all rooms will be released.

LOCATION

Hilton Cancun is easily reached by taxi or shuttle from the airport, which is about a 15-minute ride from the Cancun airport. Shuttle services are contracted with Maritur for a group rate of \$22 roundtrip per person. All information regarding Maritur and also reserving your shuttle pick-up is available on-line at www.maritur.com/grupos/veteranscaucus. They will meet you outside the main airport at Booth #12. Paperwork will be sent with your confirmation.

RATES

Standard Room: \$155/night/single occupancy
\$192/night/double occupancy
Deluxe Room: \$177/night/single occupancy
\$214/night/double occupancy

These rates are per room per night and include 12% room tax, daily breakfast buffet in Spices Restaurant, service charge for breakfast and daily maid service charge.

REGISTRATION INFORMATION

If you have any questions regarding this course, please feel free to call Sharon Hanley, RMP, at 800-272-6692, between 7:00 a.m. - 4:00 p.m. EST.

FACULTY

Gregor F. Bennett, MA, PA-C
President, American Academy of Physician Assistants
Keith Boell, DO
Associate, Internal Medicine/Pediatrics
Geisinger Health System, Danville, PA
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Associate, Gastroenterology/Nutrition
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Medical College of Georgia
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Director-at-Large, Veterans Caucus
Sunrise, FL
Tim Egan, MPAS, PA-C
Director-at-Large, Veterans Caucus
Northumberland, PA
Michael Gallagher, PA-C
President, Veterans Caucus
Fort Walton Beach, FL
Ken Gartzke, PA-C
Denver Spine Center
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David Gwinn, PA-C
Secretary/Treasurer, Veterans Caucus
Pinehurst, NC
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Psychiatrist, Danville, PA
2LT Zachary S. Hoffer, MS, PhD
Drexel University College of Medicine
Philadelphia, PA
Robin Hunter Buskey, MPAS, PA-C
Federal Medical Center, Raleigh, NC
William Jones, MA, PA-C
Lieutenant, U. S. Navy Retired
Foothills Nephrology, Spartanburg, SC
John Padgett, PA-C, PhD
Touro University Physician Assistant Studies Program
Las Vegas, NV
Mike Valdez, PA-C
Andover ENT Specialists
President-Elect, Veterans Caucus
North Andover, MA
Valerie Weber, MD
Director, General Internal Medicine
Geisinger Health System, Danville, PA
Paul Woolley, MD
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The A.A.P.A. Veterans Caucus and the Geisinger Health System

Present:

A CME Conference for Primary
Care Providers:

The 16th Annual Topics in the Tropics

December 5-8, 2007

at the



Hilton Cancun Golf
& Spa Resort
Cancun, Mexico



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